

All Saints Confirmation Class - Faith Work

(For next class: Sunday, January 14, 2018)

+Reflection for the Month:

Think of your soul as a bucket sitting below a faucet. Turn that faucet on, even to just a drip, and sooner or later the bucket will overflow. The faucet is prayer, the scriptures, the sacraments, and acts of service. The drops of water are the grace, knowledge, peace, and joy that flow from these. The overflow is evangelization, sharing the ways of God with others.

+ Informational sites. Visit the following website. Spend a few minutes to review.

State 1 thing on each website that you liked or found interesting. Other religious sites

> www.thereasonforourhope.org

> www.americancatholic.org

> www.franciscan.edu

> www.lifeteen.com

+ Saint Watch: St. Nicholas, St. Ambrose, St. Juan Diego, St. Lucy, St. John of Cross, St. Steven. Pick one: What interests you about this Saint?

+ Prayer Retreat: Matthew Kelly: 7 steps to Prayer

1. Gratitude. Thank God in personal dialogue of what grateful for today
2. Awareness. Past 24 hours when we were or were not best version of self
3. Significant moments. In 24 hours, one significant moment that God speaks to us
4. Peace. Ask God's forgiveness for our wrongs
5. Freedom. How is God inviting us to change my life
6. Others. pray for others
7. "Our Father" pray slowly, deliberately, think about words

ANIMA CHRISTE

Soul of Christ, sanctify me

Body of Christ, save me

Blood of Christ, inebriate me

Water from the side of Christ, wash me

Passion of Christ, strengthen me

O good Jesus, hear me

Within Thy wounds, hide me

Separated from you, let me never be

From the evil one, protect me

At the hour of my death, call me

And close to you bid me Lord,

that with your Saints I may praise you forever and ever.....

Amen