

+Reflection for the Month: Matthew Kelly.....

You are intelligent and talented, but it seems to have escaped your mind that all these gifts and abilities are on loan to you. Be mindful. You are a temporary steward of these things, and you will be called one day to give an account of how you used them.

+ Informational sites. Visit the following website. Spend a few minutes to review.
State 1 thing on each website that you liked or found interesting.

> www.popesprayerusa.net

> www.scotthahn.com (Dr. Scott Hahn)

> www.crsricebowl.org

> www.focus.org (Fellowship of Catholic University Students)

+ **Saint Watch**: You have chosen your Confirmation Name. Why did you choose this name?

+ **Spiritual Retreat**: Look at the Crucifix each day. Meditate on the great sacrifice of God for us.

+**LENT**. The genius of our Church to draw closer to God. Areas to develop our relationship with God and draw closer to him.

- +Spiritual exercises (additional prayer, read bible, read books on Church)
- +Penitential liturgies (Way of the Cross & Benediction)
- +Pilgrimages as signs of penance. (Shrine our Lady of Good Help, ChampionWI)
- +Voluntary self-denial. Fasting, almsgiving
- +Fraternal Sharing (charitable & missionary works)

THE BEATITUDES (MATTHEW 5:3-12)

3 "Blessed are the poor in spirit,^{*}
for theirs is the kingdom of heaven.^a

4 ^{*}Blessed are they who mourn,^b
for they will be comforted.

5 ^{*}Blessed are the meek,^c
for they will inherit the land.

6 Blessed are they who hunger and thirst for righteousness,^{*}
for they will be satisfied.

7 Blessed are the merciful,
for they will be shown mercy.^d

8 ^{*}Blessed are the clean of heart,^e
for they will see God.

9 Blessed are the peacemakers,
for they will be called children of God.

10 Blessed are they who are persecuted for the sake of righteousness,^{*}
for theirs is the kingdom of heaven.^f

11 Blessed are you when they insult you and persecute you and utter every kind of evil against you
[falsely] because of me.^g

12 ^{*} Rejoice and be glad, for your reward will be great in heaven.^h Thus they persecuted the prophets
who were before you.

Corporal Works of Mercy

Feed the Hungry

Give Drink to the Thirsty

Shelter the Homeless

Visit the Sick

Visit the Prisoners

Bury the Dead

Give Alms to the Poor

Spiritual Works of Mercy

Counseling the Doubtful

Instructing the Ignorant

Admonishing the Sinner

Comforting the Sorrowful

Forgiving Injuries

Bearing Wrongs Patiently

Praying for the Living & the Dead