ASCC Promise of the Spirit - Virtual Retreat Page 1

Goals:

 Three E’s. Educate, Energize and Engage Catholic Faith.

 Develop habits of Lifelong Discipleship including Mass, Reconciliation and Prayer.

 Recognize that Confirmation signals the beginning of their adult faith journey with goal being Heaven.

 Develop understanding they are not alone in their Catholic Faith Journey.

Weekly Guides

Weekly 1. Beginning with the End. Revisit Life Journey timeline.

 Steubenville Youth Conference Promo: <https://www.youtube.com/watch?v=HB6BKDafVyo>

 Mary Bielski: “Called to Belong” (37:16) <https://www.youtube.com/watch?v=q66SkfcGVSA>

 Decision Point 7.1 (5.20): The One Thing

 Discussion: Why they chose their Epitaph?

 What labels would you like to get rid of?

 Envision how their relationship with Jesus will significantly impact their Epitaph and labels?

Weekly 2. Prayer is Essential.

 Fr. Augustino Torres: (first 20:00 minutes) Mission-Prayer <https://www.youtube.com/watch?v=8C_BGh0KSNg>

 Decision Point 8.4 (6:50): Prompted

 Decision Point 7.4 (4:45): Get Close and Stay Close

 Musical Reflection: Casting Crowns –<https://www.youtube.com/watch?v=PdUogt0H2fk>

 Think about It! :

 How often do you engage in these forms of Prayer?

 -Adoration: the ability to sit quietly in God’s presence knowing he is there and always with us

 -Petition: request help for ourselves as Children of God

 -Intercession: request help for others

 -Thanksgiving: prayers of Gratitude for what we have and all that is around us

 -Praise: God is God (and we are not) i.e. watching a sunset know the God the creator is there

 What happens when I feel nothing or get nothing out of prayer…?

 Why do you think regular prayer might be important?

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Weekly 3. The True Presence: Decision Point 7.2 (5:12) <https://dynamiccatholic.com/confirmation/program-view/session-7-2>

 Eucharistic Miracle: <https://www.youtube.com/watch?v=ttdcfZyQrs4&feature=youtu.be&t=41>

 Anti-Fragile Faith: Fr. Mike Schmitz: (46:31) <https://www.youtube.com/watch?v=yDnXk5iiCxM>

 Musical Reflection: Casting Crowns – Praise you in the Storm <https://www.youtube.com/watch?v=0YUGwUgBvTU>

 Think about It!!:

 Did you know about Eucharistic Miracles? What do you think now??

 Fr. Mike:

 How will we face difficulties, hardships of Life? \_\_\_\_\_\_\_\_\_\_\_\_God or \_\_\_\_\_\_\_\_\_\_\_\_\_\_God…

 Become courageous and not broken by world. Life does not become easier, I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ stronger

 The World we walk through is battlefield

 Mature Catholic understands there is meaning in the moment, even if we don’t \_\_\_\_\_\_\_\_\_\_\_\_why

 Who you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_is more important than what you do.

 We can still choose to act when things seem hopeless. Baseball example.

 Do we treat God like Santa?

 Daniel, Chapter 3 and Luke 22:39-43. What do these have in common??

 Anti Fragile means: when we encounter obstacles, we get \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Read Romans 5:1-5

 Mallory’s story…